



COME JOIN OUR LATEST CHALLENGE

# AETNA GET ACTIVE ACTIVE MINUTES



August 14<sup>th</sup> – September 10<sup>th</sup>



This challenge can help in setting up some new goals. It could be walking, jogging—even working around the house or yard. Set a goal that works for you and move it.



Sign up today!



Go to **Challenges** on the mobile app or [member.virginpulse.com](https://member.virginpulse.com)



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